



F SQUARED

PHYSICAL THERAPY

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COVID-19 In-Office Visit Policies

F Squared is closely monitoring New York City COVID-19 policies and CDC recommendations for indoor fitness, medical and public spaces to give our patients and staff the safest environment we can.

Important information for both staff and patients

All therapists are fully vaccinated and have received their booster shots. We feel this creates the safest possible environment for everyone of our patients and therapists.

We ask that if you are feeling unwell or have been exposed to someone who has tested positive for COVID-19, that you inform us immediately. In these cases, we ask that you get a PCR test and show proof of a negative result prior to your appointment. In cases of cancellation due to symptoms or exposure, all cancellation fees will be waived.

Please see updates below for mask mandates and expectations.

Updates

Mar 1, 2022

- Patients, clients and practitioners can opt to not wear a mask during treatment if they show proof of vaccination and booster shot (If 6 month post second vaccination shot) OR show proof of a positive PCR test within the last 4 months.
- Staff and practitioners will no longer be required to show a weekly negative PCR test